



Kiama Downs SLSC

October 2023 Newsletter



Patrol

A big Welcome to our familiar and also fresh patrolling members to another exciting season at the KDSLSC. We have kicked off the first few weeks of patrol very smoothly with lots of smiling and happy faces back on the sand in the red and yellow keeping our beach safe! The patrol Roster has now been emailed out to patrolling members so make sure you have a look at the roster. Some patrols are light on, and we are working at bolstering these patrols with more members. If you know of any members or non members that would like to train up for patrol then please send their names to Josh (Club Captain) to be added.

If after 2 rounds of patrols we can't find members, we will need to consolidate 2 patrols to help, leaving us with 8 patrols.

Memberships

Please remember that all returning members must complete the renewal process! To register please visit our website:

www.kiamadownssurf.com/members/membership

Nippers

The Nippers season kicked off on Sunday the 15th of October at Jones beach, meeting at 8:45am for a 9:00am start!

Some important information to remember:

- Please make sure all nippers are current financial members.
- Mandatory Pink rashies must be worn.
- Swim proficiency testing will be done this Sunday.
- Please wear a wetsuit the water is still cold.
- Parent help/support is greatly appreciated.
- Please make sure to help pack up once we have finished. Caps will need to be washed and hung up. Boards washed and stored. Beach equipment loaded into the trailer.



Training

Bronze / SRC Course Enrolment

You don't need to be a "super athlete" to gain invaluable skills. Our qualified instructors have experience in surf education and can develop candidates.

Candidates need to be a minimum of 13 years old for the SRC and 15 years old for the Bronze. If you are interested, then please email Skip training@kiamadownssurf.com

The course is set to run Sunday mornings starting 1st November and will take 6 weeks.

Other courses that are available include; First Aid Certificate, Radio Operators Certificate, Spinal Management, Advanced Resuscitation Techniques, IRB Driver, IRB Crewperson, Beach Management.



Uniforms

Our amazing uniform Officers have been hard at work creating a new version of our uniform that incorporates an Indigenous design that was created by Rachel Morgan a local member of our first nations community, the design reflects the land and sea on which we meet, the artwork represents Cathedral Rocks, the ocean, the bush and fauna that our clubs sits within and the elders past, present and future.

These uniforms are now available to purchase on our website in both Junior and adult sizes <https://kiama-downs-surf-life-saving-club-inc.square.site/s/shop>



Triathlons

KDSLSC has a strong but small team of volunteers that attend triathlons to participate in Water Safety, keeping the competitors safe in the swimming aspect of the event. These triathlons are an amazing income for the surf club, however we need more volunteers to join our team to continue to be able to attend these events on behalf of the club. If you would like to be involved please place your name on the list via the link below or get in contact with Josh (Club Captain). If you are unable to access the link, email triathlons@kiamadownssurf.com

https://docs.google.com/spreadsheets/d/1DyWlq6PHkXMKaZIF6mwvoXu_-2s5paxQuRO6G82GKYM/edit

- **SAND AND SEA FESTIVAL - 28TH - 29TH OCTOBER 2023**
- **LITTLE HUSKY TRIATHLON - 4th -5th NOVEMBER 2023**
- **CALLALA TRIATHLON - 16TH DECEMBER 2023**
- **BATEMAN'S BAY TRIATHLON - 3RD FEBRUARY 2024**
- **BIG HUSKY TRIATHLON - 23RD - 25TH FEBRUARY 2024**
- **PENRITH TRIATHLON 6TH-7TH APRIL 2024**

Upcoming Events

As always we have a lot coming up within our club, some important dates to keep an eye on!

- **SYDNEY WATER SURF SERIES @ KIAMA DOWNS SLSC 4th of November 2023**
We are so lucky to be able to host such a big event on our beach, this however means we need as many helping hands as we can on the day to ensure the event runs smoothly. Please keep this date free, we will have plenty of roles to go around and all help is greatly appreciated!

<https://docs.google.com/spreadsheets/d/1xCw8HQviF9zThiN9d0vOv9KcWlqNiqy2n37zf-ftGlo/edit>

- **SANTA SELFIES**
SATURDAY 11th & SUNDAY 12th NOVEMBER
SATURDAY 18th & SUNDAY 19th NOVEMBER
SATURDAY 25th of NOVEMBER

A link to register and book your time slot will be advertised on our socials very soon, so keep an eye out!