

Kiama Downs SLSC December 2023

Newsletter



Patrol

Summer has greeted us in full force as we get to the busy part of the patrol season. All of our patrols have done such an amazing job so far this season. In the lead up to Christmas, we will have a lot of visitors in the area making numbers on the beach a lot higher, especially over the public holidays! **CHRISTMAS PATROL**

This patrol is volunteer, and we need to ensure that we have all awards covered for the duration of the day. as a minimum we will need a Patrol captain, IRB driver, IRB crew, ART and bronze, We hope to be able to share the hours of the day out so that our members can spend time with their families. If you are able to help out please add your name to the link below!

https://docs.google.com/spreadsheets/d/17RdsFLlYiLcBxdY0XnznWZDnt2p V_VgiB_<u>WfoVZPvmw</u>/edit

Proficiencies

Proficenicencies will be held on your next patrol for Bronze, SRC and IRB.

- There here is an online component that needs to be completed. This has been emailed out to patrol members.
- There is also the practical side to be completed on patrol.

Nippers

What an amazing first half of the Season our Nippers community has had, starting of the year strong with some absolutely cracking mornings on the beach!

The last day of Nippers before Christmas will be the 10th of December with a BBQ and a visit from Santa to follow.

A massive Thank you goes out to all of the people that Volunteered at Round 2 of the Sydney Water series that was held at KD last month, it was a wet but successful day.

Our athletes that have been competing across the series this year have been doing the club so proud, coming away with some stellar results.

We would also like to wish Hayley Bogie, Cooper Shanahan, and Archie Weir luck with their Nominations for Junior Lifesaver of the year. Our nominees, have interviews at branch, in hopes of progressing to state level! Congratulations and Goodluck!





Training

ART refresher is planned for the following days:

- Sunday 10th December 10am
- Wednesday 13th December 6pm
- Sunday 17th December 10am
- Tuesday 19th December 6pm
- Please advise if you will be attending any of these by emailing <u>training@kiamadownssurf.com</u>

Other courses that are available include; First Aid Certificate, Radio Operators Certificate, Spinal Management, Advanced Resuscitation Techniques, IRB Driver, IRB Crewperson, Beach Management, please get in touch with Skip for any other info.

Uniforms

Our amazing uniform committee have been hard at work creating a new version of our uniform that incorporates an Indigenous design that was created by Rachel Morgan a local member of our first nations community, the design reflects the land and sea on which we meet, the artwork represents Cathedral Rocks, the ocean, the bush and fauna that our clubs sits within and the elders past, present and future.

These uniforms are now available to purchase on our website in both Junior and adult sizes <u>https://kiama-downs-surf-life-saving-club-</u> <u>inc.square.site/s/shop</u>



Triathlons

A big Thank you to our water safety crew that have represented the club at Huskisson on two occasions for water safety so far this year.

KDSLSC has a strong but small team of volunteers that attend triathlons to participate in Water Safety, keeping the competitors safe in the swimming aspect of the event. These triathlons are an amazing income for the surf club, however we need more volunteers to join our team to continue to be able to attend these events on behalf of the club. If you would like to be involved please place your name on the list via the link below or get in contact with Josh (Club Captain). If you are unable to access the link, email <u>triathlons@kiamadownssurf.com</u>

https://docs.google.com/spreadsheets/d/1DyWlq6PHkXMKaZIF6mwvoXu -2s5paxQuRO6G 82GKYM/edit

- CALLALA TRIATHLON 16TH DECEMBER 2023
- BATEMAN'S BAY TRIATHLON 3RD FEBRUARY 2024
- BIG HUSKY TRIATHLON 23RD 25TH FEBRUARY 2024
- PENRITH TRIATHLON 6TH-7TH APRIL 2024

Upcoming Events

As always we have a lot coming up within our club, some important dates to keep an eye on!

Sunday at the Surfie 10th of December

Bar will be open!

The Sunday Drivers - Sunday at the Surfie 17th of December

Come down with friends and family to enjoy an afternoon of Live Music from The Sunday Drivers. BYO nibbles with full Bar facilities available

Australia Day 26th of Jan 2023

Our annual Australia day event is happening again in 2023, which will include, the raising of the flags, a welcoming ceremony, smoking ceremony, Indigenous dancers as well as a hot and cold brekkie! We will need volunteers from the club to co-ordinate the event and the day.